

119<sup>TH</sup> CONGRESS  
1<sup>ST</sup> SESSION

# S. RES. \_\_\_\_\_

Designating February 2025 as “American Heart Month”.

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## IN THE SENATE OF THE UNITED STATES

Mr. DURBIN (for himself and Mr. CRAPO) submitted the following resolution;  
which was referred to the Committee on \_\_\_\_\_

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# RESOLUTION

Designating February 2025 as “American Heart Month”.

Whereas cardiovascular disease (referred to in this preamble as “CVD”) affects men, women, and children of every age and race in the United States;

Whereas CVD continues to be the leading cause of death in the United States, claiming the lives of over 940,000 individuals in the United States in 2022;

Whereas heart disease and stroke claimed more lives in 2021 in the United States than all forms of cancer and chronic lower respiratory disease combined;

Whereas, from 2019 to 2020, deaths from heart disease increased by 4.8 percent, the largest increase in heart disease deaths since 2012;

Whereas individuals in the United States have made significant progress in reducing the death rate for CVD, but

this progress has been more modest with respect to the death rate for CVD among certain racial and ethnic minority populations;

Whereas CVD results in tremendous health care costs and lost productivity, and, if not addressed, the United States alone will spend over \$1,000,000,000,000 by 2035 on costs relating to CVD;

Whereas, between 2019 and 2020, heart disease accounted for \$252,000,000,000 in health care expenditures and lost productivity in the United States;

Whereas, in 2021, sudden cardiac arrest accounted for over 20,000 deaths in the United States;

Whereas approximately every 40 seconds an individual in the United States will have a heart attack;

Whereas, in 2021, stroke accounted for approximately 1 in every 21 deaths in the United States;

Whereas CVDs are the leading causes of maternal death among women in the United States, accounting for more than  $\frac{1}{4}$  of pregnancy-related deaths between 2017 and 2019;

Whereas congenital heart defects are—

- (1) the most common types of birth defects in the United States; and
- (2) the leading cause of death for infants with birth defects;

Whereas extensive clinical and statistical studies have identified major and contributing factors that increase the risk of CVD, including—

- (1) high blood pressure;
- (2) high blood cholesterol;
- (3) poor diet;

- (4) tobacco use and exposure to nicotine;
- (5) physical inactivity;
- (6) insufficient or poor-quality sleep;
- (7) obesity; and
- (8) diabetes mellitus;

Whereas an individual can greatly reduce the risk of CVD through lifestyle modification coupled with medical treatment when necessary;

Whereas greater awareness and early detection of risk factors for CVD can improve and save the lives of thousands of individuals in the United States each year;

Whereas under section 101(1) of title 36, United States Code, the President is requested to issue an annual proclamation designating February as American Heart Month;

Whereas the American Heart Association and many other organizations celebrate National Wear Red Day during February by “going red” to increase awareness about CVD as the leading cause of death for women; and

Whereas, every year since 1964, the President has issued a proclamation designating the month of February as “American Heart Month”: Now, therefore, be it

1       *Resolved*, That the Senate—

2               (1) designates February 2025 as “American  
3       Heart Month”;

4               (2) supports the goals and ideals of American  
5       Heart Month;

1           (3) recognizes and reaffirms the commitment of  
2           the United States to fighting cardiovascular disease  
3           (referred to in this resolution as “CVD”) by—

4                   (A) promoting awareness about the causes,  
5                   risks, and prevention of CVD;

6                   (B) supporting research on CVD; and

7                   (C) taking other steps to improve health  
8                   outcomes associated with CVD and reduce asso-  
9                   ciated long-term disability and mortality;

10           (4) commends the efforts of States, territories,  
11           and possessions of the United States, localities, non-  
12           profit organizations, businesses, other entities, and  
13           the people of the United States who support Amer-  
14           ican Heart Month; and

15           (5) encourages every individual in the United  
16           States to learn about their risk for CVD.